

# The Walter P. Scheffe Continuing Pharmaceutical Education Series

**October 22-23, 2022**

The University of Oklahoma  
College of Pharmacy  
1110 N. Stonewall Ave., Room 101  
Oklahoma City, Oklahoma 73117

Hosted by:



**COLLEGE OF PHARMACY**  
*The UNIVERSITY of OKLAHOMA HEALTH SCIENCES CENTER*

Initiation and development of this continuing pharmaceutical education series is made possible through the kind and generous establishment by Mr. Scheffe of the Walter P. Scheffe Endowment for Pharmaceutical Education.

## Program Registration

Name	Pharmacy Setting
NABP e-Profile ID #	Month/Day of Birth (MMDD)
Home Address	City, State, Zip
Phone	Email

### Registration Costs

<u>Saturday</u>	<u>Sunday</u>
\$135.00 Pre-Registration	\$135.00 Pre-Registration
\$150.00 On-Site Registration	\$150.00 On-Site Registration

*The registration fee includes all activity materials, continental breakfast, lunch and refreshments. A link to the program documents will be provided to registered participants. It is encouraged to download/print materials in advance. Wi-Fi will be available on-site.*

I will download/print my own materials.  
I would like my materials printed for me.

### Payment Method

Credit Card                      If check is enclosed:  
Check                                Amount \$ \_\_\_\_\_ Check # \_\_\_\_\_

You can submit payment via credit card online through our secure website: <https://pharmacy.ouhsc.edu/marketplace> --> Alumni Store.

To register, please use the link above or mail/fax a completed registration form and payment to:

OU College of Pharmacy – Office of Alumni Affairs  
P.O. Box 26901, CPB 104D, Oklahoma City, OK 73126  
Phone: (405) 271-6194 Fax: (405) 271-3830

## October 22, 2022

8 contact hours (0.8 CEUs) total

7:30-7:55am **Registration/Continental Breakfast**

7:55-8:00am **Introduction**

8:00-10:00am **Therapy Update: Managing Dementia, Delirium, and Depression in Older Individuals\* (A)**

ACPE# 0053-0000-22-026-L01-P 2 contact hours (0.2 CEUs)  
*Keith Swanson, Pharm.D., BCGP*

10:00-10:15am **Break**

10:15-12:15pm **Updates in Diabetes Care\* (K)**

ACPE# 0053-0000-22-027-L01-P 2 contact hours (0.2 CEUs)  
*Katherine O'Neal, Pharm.D., M.B.A.*

12:15-12:45pm **Lunch**

12:45-2:15pm **Flowing Through Updates in the Treatment in Heart Failure\* (A)**

ACPE# 0053-0000-22-028-L01-P 1.5 contact hours (0.15 CEUs)  
*Jordan Perrine, Pharm.D., M.B.A., BCPS*

2:15-2:30pm **Break**

2:30-3:30pm **Oklahoma State Board of Pharmacy Law Update 2022\* (K)**

ACPE# 0053-0000-22-029-L03-P 1 contact hour (0.1 CEU)  
*Keevie Ridener, Pharm.D., D.Ph.*

3:30-5:00pm **The 'Dirty Dozen' - Herbal Products to Stay Away From\* (A)**

ACPE# 0053-0000-22-030-L99-P 1.5 contact hours (0.15 CEUs)  
*Kristie Edelen, Pharm.D., D.A.B.A.T.*

5:00-5:05pm **Closing Remarks/Evaluation**

## October 23, 2022

7 contact hours (0.7 CEUs) total

7:30-7:55am **Registration/Continental Breakfast**

7:55-8:00am **Introduction**

8:00-10:00am **Major Depressive Disorder and Bipolar Disorder: A Primer for Community Pharmacists\* (K)**

ACPE# 0053-0000-22-031-L01-P 2 contact hours (0.2 CEUs)  
*Tammy Lambert, Pharm.D., Ph.D.*

10:00-10:15am **Break**

10:15-11:15am **Pharmacists at the Bedside: Revolutionizing Healthcare Delivery\* (K)**

ACPE# 0053-0000-22-032-L04-P 1 contact hour (0.1 CEU)  
*Holly Herring, Pharm.D., BCPS*

11:15-12:15pm **The KIDs List: Agents to Avoid and Use with Caution in Children\* (K)**

ACPE# 0053-0000-22-033-L01-P 1 contact hour (0.1 CEU)  
*Jamie Miller, Pharm.D., BCPPS, FPPA*

12:15-12:45pm **Lunch**

12:45-2:45pm **Energy Management for Working Professionals\* (K)**

ACPE# 0053-0000-22-034-L99-P 2 contact hours (0.2 CEUs)  
*Michael Smith, Ph.D., R.Ph., FAPhA, NBC-HWC*

2:45-3:00pm **Break**

3:00-4:00pm **Updates in Allergic Rhinitis and Conjunctivitis: When to Recommend the New Rx-to-OTC Switches\* (A)**

ACPE# 0053-0000-22-035-L01-P 1 contact hour (0.1 CEU)  
*Paul Boylan, Pharm.D.*

4:00-4:05pm **Closing Remarks/Evaluation**



The University of Oklahoma College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education with Commendation.

## Awarding Credit

This seminar offers a total of 15 contact hours (1.5 CEUs) of ACPE-accredited continuing pharmacy education credit accepted by the Oklahoma Board of Pharmacy and most other states. Credit will be earned based on the participation in individually accredited activities. Full attendance and participation are required before obtaining CPE credit. Any individual who is over 10 minutes late or leaves early will not be granted credit. Partial credit will not be awarded. The University of Oklahoma College of Pharmacy, as an ACPE-accredited provider, is required to report all credit through CPE Monitor. Credit will be available online to participants within four weeks. A notification email will be sent to participants when credit is uploaded. The initial release date is 10/22/2022. For successful completion and subsequent awarding of credit, the attendance verification procedure will require each participant to: sign in on the morning and afternoon sign-in sheet, provide NABP e-Profile ID # and month and day of birth, participate in the learning assessments, return nametag at the end of the final session attended, and complete the online program evaluation.

## Registration, Refund & Grievance Policy

Pre-registration is suggested to allow the College to provide the appropriate faculty and materials necessary to meet the program objectives. Early registration is \$135/day and will be accepted until 10/21/2022. The College reserves the right to limit registrations or cancel courses. There are no refunds. For any questions, concerns, or grievances, please contact (405) 271-6194 or [Cassidy-Roberts@ouhsc.edu](mailto:Cassidy-Roberts@ouhsc.edu). You may contact the College for a copy of the grievance policy.

The University of Oklahoma is an equal opportunity institution. Accommodations on the basis of disability are available by contacting [Cassidy-Roberts@ouhsc.edu](mailto:Cassidy-Roberts@ouhsc.edu) or (405) 271-6194 by 10/21/2022. [www.ou.edu/eoo](http://www.ou.edu/eoo)

\*Denotes sessions of Continuing Education credit

(K) = Knowledge-based CPE activity (A) = Application-based CPE activity

# Target Audience & Learning Objectives

This continuing pharmacy education program is intended for pharmacists in any practice setting. At the completion of this activity, the participant will be able to:

## Saturday, October 22, 2022

### ACPE # 0053-0000-22-026-L01-P (A)

Identify options for treating cognitive and behavioral symptoms in dementia and delirium  
Compare both positive and negative outcomes associated with medications used to treat dementia and delirium  
Apply options for treating initial and treatment resistant depression in older individuals

### ACPE # 0053-0000-22-027-L01-P (K)

Describe pertinent updates to the 2022 American Diabetes Association Standards of Medical Care  
Summarize key evidence from trials supporting expanded FDA indications for anti-glycemic agents  
Compare and contrast GLP-1 agonists and SGLT2 inhibitors  
Describe newly approved medications, formulations, and indications related to diabetes standards of care

### ACPE # 0053-0000-22-028-L01-P (A)

Compare and contrast the 2022 ACC/AHA/HFSA Heart Failure Guidelines to previous recommendations  
Analyze recent landmark trials published in HFrEF and HFpEF  
Summarize evidence that impacts recent practice change in the treatment of heart failure

### ACPE # 0053-0000-22-029-L03-P (K)

Identify recent updates to the Oklahoma State Board of Pharmacy rules and laws  
Summarize current state regulations in regards to dispensing controlled substances  
Explain how recent law changes may impact the practice of pharmacy

### ACPE # 0053-0000-22-030-L99-P (A)

Define the Dietary Supplement Health and Education Act of 1994  
Identify three general mechanisms underlying why an herb might be toxic  
Distinguish the toxic active ingredient in three specific herbal products

## Sunday, October 23, 2022

### ACPE # 0053-0000-22-031-L01-P (K)

Describe the clinical features and symptoms that support a diagnosis of MDD  
Compare and contrast mood episodes and clinical features required for a diagnosis of BP I, BP II, and cyclothymic disorders  
Identify health conditions and medications that can induce or worsen MDD symptoms and BP symptoms  
Summarize appropriate pharmacotherapies and non-pharmacological treatments for MDD and BP disorders  
Recognize screening tools available to use with patients with MDD or BP to improve medication adherence and health outcomes

### ACPE # 0053-0000-22-032-L04-P (K)

Define a safe and effective medication management system  
Identify a gap in the current healthcare delivery model in hospitals  
Describe how pharmacists can improve patient care at the bedside

### ACPE # 0053-0000-22-033-L01-P (K)

Identify the purpose of the KIDs List  
Explain why use of benzocaine, codeine, diphenoxylate/atropine, and valproic acid should be avoided in infants and/or children  
Describe why ceftriaxone, loperamide, sulfamethoxazole/trimethoprim, and tetracyclines should be used with caution in infants/children

### ACPE # 0053-0000-22-034-L99-P (K)

Describe four dimensions of energy sources in human systems  
List various activities related to each dimension that impact energy management  
Identify at least one activity to utilize to increase energy capacity

### ACPE # 0053-0000-22-035-L01-P (A)

Compare oral, nasal, and ophthalmic nonprescription antihistamines  
Classify a patient's allergic rhinitis or conjunctivitis given their signs and symptoms  
Choose appropriate nonprescription medications for the treatment of allergic rhinitis and conjunctivitis

# Faculty

## Paul Boylan, Pharm.D., BCPS

Assistant Professor  
University of Oklahoma College of Pharmacy | OKC

## Kristie Edelen, Pharm.D., D.A.B.A.T.

Assistant Managing Director  
Oklahoma Center for Poison & Drug Information | OKC

## Holly Herring, Pharm.D., BCPS

Associate Vice President of Pharmacy  
OU Health | OKC

## Tammy Lambert, Pharm.D., Ph.D.

Clinical Assistant Professor  
University of Oklahoma College of Pharmacy | OKC

## Jamie Miller, Pharm.D., BCPPS, FPPA

Professor of Pharmacy Practice  
University of Oklahoma College of Pharmacy | OKC

## Katherine O'Neal, Pharm.D., M.B.A.

Associate Professor  
University of Oklahoma College of Pharmacy | OKC

## Jordan Perrine, Pharm.D., M.B.A., BCPS

Assistant Professor  
University of Oklahoma College of Pharmacy | OKC

## Keevie Ridener, Pharm.D., D.Ph.

Pharmacist Compliance Officer  
Oklahoma State Board of Pharmacy | OKC

## Michael Smith, Ph.D., R.Ph., FAPhA, NBC-HWC

Associate Dean for Academic and Student Affairs  
University of Oklahoma College of Pharmacy | OKC

## Keith Swanson, Pharm.D., BCGP

Associate Professor  
University of Oklahoma College of Pharmacy | OKC

The University of Oklahoma College of Pharmacy has reviewed this activity's faculty and planner disclosures and mitigated all relevant financial relationships, if applicable. Disclosure and mitigation information will be provided to registrants before the activity. No commercial support was received for this program.

*Please note next to the ACPE # the type of activity. These activities are structured to meet knowledge- and/or application-based education needs. A knowledge-based activity is for participants to acquire factual knowledge. An application-based activity is for participants to apply the information learned in the allotted timeframe. Information in all continuing education activities is based on evidence as accepted in the literature by the health care professions.*