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From the Dean

Dear Friends:

This has been a very noteworthy and historic Orientation Week for faculty, staff, and new as well as returning students in the College of Pharmacy. At 9:00 a.m. on Tuesday, August 20, we began delivery of the doctor of pharmacy degree program simultaneously to incoming students in Oklahoma City and in Tulsa using the latest in videoconferencing technologies. At both ends of the turnpike, we have witnessed the beginning of a new era in pharmacy education at OU. For the first time in our long and illustrious history, two groups of students have gathered at separate sites to undertake an identical curriculum taught by the same faculty at the same moment in time. A special celebration of this occasion will take place at 3:00 P.M. on September 27th at The Schusterman Center (41st and Yale Avenue) in Tulsa. I hope you will be able to attend.

There are 126 students starting this Fall in the P-1 class – 85 in Oklahoma City and 41 in Tulsa. One hundred and twenty two of these students were selected from among a total of 314 applicants to the program. Four students are returning from last year.

The following preliminary statistics for the new P-1 class are subject to a few minor changes as summer credits and grades come in to the college over the course of the next couple of weeks:

- Students of the female gender constitute 68.5% of the class.
- The average pre-pharmacy grade point average of the class is 3.41.
- Most (88%) of the students are Oklahoma residents.
- Many of the students have prior university-level degrees, including 24 with Bachelors and 3 with Masters degrees in other disciplines.
- Approximately 32% of the students are from minority populations.
- The ages of the students range from 20 to 52, with an average age of 24.1.

We are very comforted in knowing that these students are of the highest caliber and will undoubtedly develop as future leaders of the profession.

The fact that more students are now enrolled in the college highlights our need and desire to find additional scholarship money. In this regard, I want to direct your attention to the news about establishment by the Tarrant County Pharmacy Association of an endowed scholarship to support students in the OU College of Pharmacy. We have approximately 70 pharmacy graduates living in Tarrant County, Texas (Fort Worth area), and many of them have been very instrumental in helping to establish this scholarship. Special recognition for aiding this effort goes to Bill Ewalt ('49), Jennifer Fix, Joe Harmison ('70), James F. Jarrett ('52), Philip Orr ('52), Doug Porterfield ('58), J. Daryl Spence ('71), and Alice M. Stacey ('87). We extend thanks to the Tarrant County pharmacists for this exceptional and outstanding support.

Sincerely,





College News

▪ New Scholarship Established by Tarrant County Pharmacy Association

The OU College of Pharmacy is pleased to announce that the Tarrant County Pharmacy Association of Tarrant County, Texas, has established an endowed fund in the OU Foundation for purposes of providing annual scholarships for students in the doctor of pharmacy program. This scholarship will be given every year at the Pharmacy Day Awards Banquet in the name of the Tarrant County Pharmacy Association with recognition of the following contributors:

Bill Ewalt ('49)
Jennifer Fix
Joe Harmison ('70)
James F. Jarrett ('52)
Philip Orr ('52)
Doug Porterfield ('58)
J. Daryl Spence ('71)
Alice M. Stacey ('87)

We are very grateful to these individuals as well as to the Tarrant County Pharmacists for the tremendous support of our pharmacy students.

Important Healthcare Information

▪ Study Published Regarding Americans' Reactions to September 11

Noting that the terrorist attacks represented an unprecedented exposure to trauma in the U.S., the authors of this national study attempt to assess psychological symptoms and to examine the association between postattack symptoms and a variety of indices of exposure to the events. The article, published in the "Journal of the American Medical Association," can be seen at <http://jama.ama-assn.org/issues/v288n5/rfull/joc20110.html>.

Alumni News

▪ Stacey Hall ('02) Now Stacey Zondor

Lisa reports from Ardmore that she gave birth on July 2 to her first child, Nathan Jace Sudderth. Friends and classmates can communicate with Lisa at sudderth3@brighttok.net. Congratulations Lisa!

▪ Lisa Sudderth ('99, '00) News

The class of 1993 is planning a 10-year reunion, but needs ideas! Please let Paul Cockrum know those ideas as soon as possible. His contact information is: cockrums@netzero.net or 817-551-4436 (phone) or 817-615-3307 (fax).

▪ Daryl Spence ('71) – Pharmacist of the Year

Daryl was recently selected by the Tarrant County Pharmacy Association of Tarrant County, Texas, as the "Pharmacist of the Year." Daryl was recognized for his activity in the organization, including service as President, and to his very effective work in the political arena. Daryl is owner of Spence Pharmacy in Fort Worth.

▪ E-mail address for Kyle Johnson ('99)

Kyle, who is currently living in Woodward, OK, recently sent along his e-mail address. Classmates and friends can communicate with Kyle at k2john@sbcglobal.net.

▪ Alumni Football Pre-Game Party

Join The University of Oklahoma College of Pharmacy Alumni Association in celebrating this pre-game party and visit with friends and classmates. Bring your family and friends to enjoy free hot dogs and soft drinks.

When : Saturday, September 28, 2002 (2 hours before game time)
Where: Frontier & Heritage Rooms (Oklahoma Memorial Union - 2nd Floor)

For information call (405)271-6194.

- Justin Wilson ('02) News from Iowa

Wilson joins staff at Osterhaus Pharmacy

By Kelly Gerlach
Feature Editor

Dr. Justin Wilson serves as the new pharmacy resident at Osterhaus-Snyder Pharmacy in Maquoketa.

Wilson is originally from Norman, Okla. He graduated from the University of Oklahoma College of Pharmacy with a Doctor of Pharmacy degree.



DR. JUSTIN WILSON

He and his wife moved to the area at the end of June so he could begin his first year of advanced pharmaceutical training after graduate school.

"I was looking into community pharmaceuticals and Matt Osterhaus happened to be giving a speech at the university," Wilson said. "I was very impressed by the care and health and human services his pharmacy provides; they operate such a high practice."

He interviewed for the one-year residency position at Osterhaus-Snyder Pharmacy, his "first choice pharmacy," where he felt he could learn the most.

The position includes learning to implement and develop health and wellness programs and becoming actively involved in pharmacy care opportunities.

His main project will be working with the Heart Smart Program.

Wilson plans to learn the essentials of the pharmaceutical business and use that knowledge to open his own practice in Oklahoma.

This is the sixth consecutive year that Osterhaus-Snyder Pharmacy has participated in the Community Care Pharmacy Practice Program, giving beginning pharmacists necessary patient care skills.

- Note to Class of 1993

It's time to make plans for a 10-year reunion! Please submit your ideas for the venue and date ASAP to Paul Cockrum. He can be contacted at cockrums@netzero.net or by fax at 817-297-1054.



Pharmacy News

▪ Food Stores Attracting Pharmacies

Supermarket pharmacies continue to grow in popularity, climbing by nearly 6 percent last year to 9,300, according to a survey by the Food Marketing Institute (FMI). FMI predicts the number likely will increase since 60 percent of new supermarkets and 13 percent of remodeled ones include a pharmacy services area. Supermarkets comprise about 18 percent of the retail pharmacy market, FMI estimates.

Nearly half of the 47 companies surveyed, representing about 2,600 supermarkets, say that they offer some type of medication management program in at least one in-store pharmacy.

▪ National Pharmacy Organizations Collaborate To Bring Pharmaceutical Care Message To State Legislators

Ten national pharmacy organizations recently collaborated to demonstrate ways pharmacists improve healthcare quality and decrease costs by reducing problems associated with medication use. The collaboration, known as the "Alliance for Pharmaceutical Care," exhibited at the National Conference of State Legislatures (NCSL) meeting, July 25-27, 2002 in Denver, Colorado. The exhibit demonstrated how pharmacists provide patient-care services designed to improve medication use and reduce costs associated with the estimated \$177 billion spent each year by the healthcare system on drug related problems. Services included health screenings to determine attendees' risk for developing a variety of diseases and/or conditions, as well as point-of-care monitoring for those patients already suffering from disease. The exhibit emphasized collaboration among pharmacists, physicians, and other healthcare professionals to improve patients' health outcomes.

The Alliance for Pharmaceutical Care consists of the Academy of Managed Care Pharmacy (AMCP), American Association of Colleges of Pharmacy (AACP), American College of Clinical Pharmacy (ACCP), American Pharmaceutical Association (APhA), American Society of Consultant Pharmacists (ASCP), American Society of Health-System Pharmacists (ASHP), Healthcare Distribution Management Association (HDMA), National Association of Chain Drug Stores (NACDS), National Community Pharmacists Association (NCPA), and National Council of State Pharmacy Association Executives (NCSPA).

▪ Final HIPAA Privacy Rules Released

Six years after Congress agreed there should be national standards to protect patient privacy, the Department of Health and Human Services (HHS) has issued final regulations to safeguard medical records. They take effect April 14, 2003, and are printed in the August 14, 2002, Federal Register. HHS said it would also release "guidances" to clarify the rules, required by the Health Insurance Portability and Accountability Act (HIPAA).

The rules have been publicly proposed and revised several times (<http://www.hhs.gov/ocr/hipaa/>) since 1999. Under one change, pharmacies do not have to obtain a patient's written consent before filling a prescription. Another "explicitly prohibits pharmacies or other covered entities from selling personal medical information to a business that wants to market its products or services under a business associate agreement," an HHS fact sheet states. But pharmacies and others can communicate with patients freely on treatment options and disease state management programs, paid for by other entities.

Continuing Pharmaceutical Education News

▪ Free OPHP Seminar - "How to Recognize and Treat Chemical Dependency in the Profession of Pharmacy", September 8, 2002

This seminar will discuss the different models of describing substance abuse and dependence; describe the assessment, treatment, and continuing care process for people that are referred to receive assessments and treatment for suspected substance abuse; and discuss the spiritual nature of substance dependence and how some treatment programs utilize spirituality in the treatment of substance dependence.

See [online brochure](#) (PDF format) for more information.



Oklahoma Poison Control Center News

▪ Use Insect Repellents Containing DEET with Caution

As the deaths of more birds are linked with the West Nile Virus in Oklahoma and across the nation, more people are using insect repellents containing DEET to prevent mosquito bites. For children two years old or older, the Oklahoma Poison Control Center (OPCC) recommends application of insect repellents with no more than 10% DEET.

DEET (N,N-Diethyl-m-toluamide or now called N, Ndiethyl-3-methylbenzamide) is the most effective insect repellent that provides prolonged complete protection against mosquito bites. Use of repellents without DEET may provide a false sense of protection. It is safe to use DEET, if simple precautions are followed. Concentrations of DEET range from 4% to 100%, so read labels carefully before buying.

According to Lee McGoodwin, Managing Director of the Oklahoma Poison Control Center, young children are more likely to adsorb higher concentrations of DEET through their skin into their bodies. McGoodwin recommends consulting your pediatrician for advice before using insect repellents on children under age two years. "Young children may put fingers in mouths or rub their eyes, so do not apply insect repellents to a child's hands, around their mouth, around their eyes, or to broken, irritated skin." McGoodwin stresses.

Adults may use concentrations of DEET up to 50% safely. Recent studies have shown little improvement in protection offered by concentrations of DEET higher than 50 percent and higher concentrations can increase the risk of side effects. It is also important to follow the instructions on the label carefully. Adverse effects from the use of DEET are generally associated with misuse of the product.

The Oklahoma Poison Control Center also recommends the following precautions when using insect repellents: Apply repellents only to exposed skin and/or clothing (as directed on the product label). Do not use under clothing. DEET can be applied to clothing before dressing young children.

- When using sprays do not spray directly onto face; spray on hands first and then apply to face.
- Use only in well-ventilated spaces and do not use near food.
- Do not allow children to handle the products, and do not apply to children's hands. When using on children, apply to your own hands and then put it on the child.
- After returning indoors, wash well with soap and water. Wash treated clothing before wearing again.

If you suspect you or your child is experiencing an adverse reaction to DEET, discontinue using the product. Call the poison center or your doctor for help.

The poison center recommends the following first aid tips.

- If a product containing DEET gets into the eyes, gently rinse the eye with room temperature water for 15 minutes. Do not use eye drops. If possible, have someone contact the poison center while the victim is being treated.
- If a product causes skin irritation, wash the area with soap and water. Change clothes. Make sure clothing is washed separately from other laundry.
- If a product is swallowed, call the poison center immediately. Do not induce vomiting.
- If a product is inhaled, get the victim to fresh air, open doors and windows. If the person continues to have difficulty breathing or becomes unconscious, call 911.



Other ways to prevent mosquito bites include good mosquito control practices and avoiding outdoors in the evening. For other information about pesticides used to control mosquitoes, visit the Environmental Protection Agency's website at www.epa.gov. Information about the West Nile virus and other helpful links can be found on the Oklahoma State Health Department's "On Watch" Web site at www.health.state.ok.us.

Job Openings

OU MEDICAL CENTER, Children's Hospital

- Clinical Assistant Professor

The University of Oklahoma College of Pharmacy, Schusterman Center, Tulsa

- Clinical Assistant Professor
- Clinical Assistant Professor

The University of Oklahoma College of Pharmacy, Oklahoma City

- Technology Coordinator
- Assistant or Associate Professor of Pharmaceutics
- Assistant or Associate Professor

Eckerd Drug Company

- Pharmacist
- Pharmacy Technician

Wal-Mart Stores, Inc

- Staff Pharmacist and/or Assistant Pharmacy Manager
- Staff Pharmacist

USPHS/Indian Health Service

- Staff Pharmacist
- Staff Pharmacist